

EDMONTON

metro®

NEWS  
WORTH  
SHARING.



Syamal Raha  
REALTOR®

d: 780.710.7000  
c: 780.990.7242

sraha@remax.net  
SyamalRaha.com

17718 - 64 Avenue NW,  
Edmonton, Alberta T5T 4J5



## Duffy the Tory slayer?

Senator claims he was given at least two cheques, not one, as 'conspiracy' deepens **PAGE 6**



## A CHILLING HISTORY OF HORROR

CANADA'S FREAKIEST FILMS DO NOT REFLECT OUR COUNTRY'S KINDNESS **PAGE 14**

YOSHI  
JAPANESE RESTAURANT

Large selection of fresh seafood.



**NOW OPEN!**

Sherwood park 1995 Brentwood Blvd  
Tel. 780.467.2228

Check us out online:  
www.yoshijapaneserestaurant.ca



## POLITICAL FUTBOL

Mayor-elect Don Iveson stands with members of the Canadian national women's soccer team, from left, Carmelina Moscato, Christine Sinclair and Erin McLeod, at city hall on Monday. The players are in town for Wednesday's game against Korea and also to announce that tickets for the U-20 World Cup would go on sale at the end of November. RYAN TUMILTY/METRO

# U of A admin. detail difficult year ahead

**Budget cuts.** Acting provost says 2014-2015 will see 7% reductions



RYAN  
TUMILTY

ryan.tumilty@metronews.ca

It will get worse before it gets better.

That was the grim budget picture school administration painted to students, faculty and other staff at the University of Alberta's General Faculties Council Monday.

Acting Provost Martin Ferguson-Pell outlined how the school currently plans to get to a balanced budget for the 2014-2015 school year.

He said the cuts already announced are difficult, but the cuts ahead will have a greater impact.

"Those things that are a little bit easier, maybe have a little less impact, have been done," he said. "The difficult year is going to be the 2014-2015 year."

Ferguson-Pell said the school's faculties would face on average seven per cent reductions next year, with support units facing eight per cent budget cuts.

Not all faculties will be treated equally in this regard, with some seeing cuts of six per cent and others seeing cuts as high as 7.5 per cent. Faculties will be encouraged to look for ways to raise revenue to offset those cuts as well.

Ferguson-Pell said it's hard to know how the individual faculties will deal with budget challenges, but that work is ongoing and layoffs are a possibility.

"It's very difficult for us to

**Hurting students?**

"I wouldn't want to be SU president next year, that is for sure."

Student Union President Petros Kusmu

know what the impact will be in terms of involuntary severance," he said.

Student Union President Petros Kusmu said next year is clearly going to be very difficult for the school.

"I wouldn't want to be SU president next year, that is for sure," he said.

Kusmu said it appears the government's initial promise to ensure the cuts did not impact students was hollow.

"Students were assured that these budget cuts would not fall on the backs of students, but I think it's inevitable," he said.

2013 RAM 1500  
QDCB 4X4 SXT

\$143 Bi-Weekly  
\$24,998



Drive  
For the cure

FOR EVERY TEST DRIVE WE WILL DONATE \$25  
TO THE CANADIAN BREAST CANCER FOUNDATION  
NO PURCHASE NECESSARY

GROVE DODGE CHRYSLER JEEP  
SUPPORT A GOOD CAUSE &  
FIND HUGE SAVINGS ON OUR FULL LINE-UP

GROVE  
DODGE CHRYSLER JEEP

200 Saint Matthews Ave • www.grovedodge.com

1-888-277-4712

Vehicle may not be exactly as illustrated. Price plus GST. See dealer for details. Amortized over 96 months @ 4.19% COB \$4,412.

# PEARS SO GOOD.... THEY'RE SCARY!!!



## The Honda — MODEL — 2013 CLEAROUT

**GREAT SELECTION STILL REMAINING ON CIVIC 2 DOOR COUPE'S AND SEDANS**

### 2013 CIVIC LX 5 SPEED

STARTING FROM

**\$19,745**

PLUS RECEIVE  
A \$1,500 CASH  
INCENTIVE\*

#V2981 MODEL#FB2E4DEX



\$500 HONDA  
DOLLARS

### 2013 FIT LX 5 SPEED

STARTING FROM

**\$18,549**

PLUS RECEIVE  
A \$1,500 CASH  
INCENTIVE\*

#8036 MODEL#GE8G5DES



\$500 HONDA  
DOLLARS

### 2013 PILOT EXL

STARTING FROM

**\$44,896**

PLUS RECEIVE  
A \$5,000 CASH  
INCENTIVE\*

#1767 MODEL#YF4H5DJN



### 2013 RIDGELINE SPORT

STARTING FROM

**\$39,591**

PLUS RECEIVE  
A \$5,000 CASH  
INCENTIVE\*

#X2541 MODEL#YK1F7DE



## NEW ARRIVALS FOR 2014

### 2014 ACCORD COUPE EX 6 SPEED

STARTING FROM

**\$28,100**

#227 MODEL#CT1A7EJ



### 2014 HONDA CR-V LX AWD

STARTING FROM

**\$29,990**

PLUS RECEIVE  
A \$1,000 CASH  
INCENTIVE\*

#N2535 MODEL#RM4H3EES



### 2014 HONDA ODYSSEY LX

STARTING FROM

**\$31,691**

NOW IN  
STOCK

#X4612 MODEL#RL5H2EE



**9688-34 Ave. 780.463.7888**

MON - THURS 9-9. FRI & SAT 9-6 **WheatonHonda.com**

**WHEATON**  
Honda





**Tories**

## Redford makes slew of promises

Premier Alison Redford opened the fall sitting of the Alberta legislature Monday by promising to continue building roads, schools and hospitals to meet the demand of a province growing by 100,000 newcomers a year.

There will also be legislation to make changes to lane designations on roads to reduce traffic congestion.

A new environment protection act will be implemented to monitor air, land and water.

Redford also promised a new organ and tissue registry and new rules to try to keep children from taking up smoking.

In her speech to Edmonton's Chamber of Commerce, Redford also renewed hostilities with the Wildrose party.

Wildrose Leader Danielle Smith has criticized Redford for breaking her promise to balance the budget and instead bringing in a spending document this year that will rack up \$17 billion in debt by 2016 to pay for infrastructure.

The Wildrose has promised a more ordered, prioritized infrastructure plan.

Redford dismissed that as a "build nothing" approach, adding that she expects the Wildrose to verbally attack her and her family in the upcoming sitting.

When asked by reporters about the criticisms, Redford replied, "I didn't talk about their character. They've talked about mine."

THE CANADIAN PRESS

## Update. Children set for release from hospital after school bus crash

Two of three children are well enough to leave hospital following last week's school bus crash in southern Alberta.

Crossfield Mayor Nathan Anderson says the third child, a five-year-old boy, is also continuing to improve.

The three were rushed to hospital in Calgary with

critical injuries after the bus collided Friday with a large pickup truck at a rural intersection near the town.

Six other children and the female bus driver also went to hospital with less serious injuries.

RCMP continue to investigate the cause of the accident. **THE CANADIAN PRESS**

## ASIRT. Man sent to hospital was Tasered by police, officials say

Investigators are releasing more information about a man who was hospitalized last week in serious condition after an encounter with Edmonton police.

On Friday the Alberta Serious Incident Response Team (ASIRT) would not say what happened to the man.

Now ASIRT says that po-

lice zapped the man with a Taser.

ASIRT won't say how many times the man was Tasered, but media reports quote witnesses who say it was three times.

Investigators say the man remains in hospital in serious condition.

THE CANADIAN PRESS

# Secret comes front and centre

## Campaign. Group looking to shine a light on prostitution and sexual exploitation



RYAN TUMILTY  
ryan.tumilty@metronews.ca

Edmonton's sexual-exploitation working group is hoping to bring the dark secret of local prostitution out of the shadows.

The group's "Dirty Little Secret" campaign launched Monday with an event at police headquarters and a new film they hope Edmontonians will spread throughout the community.

Working group member Kate Quinn, with the Centre to End All Sexual Exploitation, said people have to wake up to the realities of sex work in our society.

"We need to debunk the myth that it is all about free choice. We need to understand the stories that bring the people forward to where they are forced to sell their bodies to survive," Quinn



Kate Quinn with the Centre to End All Sexual Exploitation speaks at a press conference on the new "Dirty Little Secret" campaign on Monday. RYAN TUMILTY/METRO

said.

Quinn said they are hoping people will take the video as motivation to address sexual abuse, homelessness and poverty and the other societal problems fueling the sex trade.

"Anything that creates the vulnerability for sexual exploitation and sex traffick-

ing," she said.

Staff Sgt. Jerry Nash said men have to become involved in the movement to end sexual exploitation by setting positive examples.

"We are making a call to arms to all men to get involved, because it is critical that they are part of the process," he said.

### More online

More information about the campaign and the video can be found both at the group's website, [dlsfilm.com](http://dlsfilm.com), as well as at [metronews.ca](http://metronews.ca).

1 NEWS

**BAD CREDIT?  
NO CREDIT?  
I CAN HELP!**

*You Deserve It!  
I Guarantee It!*

**SHERWOOD  
DODGE**  
CHRYSLER JEEP RAM MOPAR



2010 GENESIS COUPE  
3R12682A

**\$16,800<sup>00</sup>**  
or **\$139<sup>BW</sup>**



2008 JEEP COMMANDER SPORT  
4X4 3JN0346A

**\$15,900<sup>00</sup>**  
or **\$133<sup>BW</sup>**



2008 DODGE 3500 QUAD CAB  
6.7 TURBO DIESEL 4X4 P1111

**\$15,900<sup>00</sup>**



Brad McDonald

Call **BRAD 780.951.1657**  
Yellowhead & Broadmoor, Sherwood Park



## Mayoral powers. Iveson will need council to succeed

When Don Iveson takes the oath of office Tuesday, he gets a chain of office and can officially call himself mayor, but he doesn't get much in the way of powers.

Iveson gets the power to call for a council meeting and he chairs those meetings when they come up; those are the only differences between him and another member of council.

City Clerk Alayne Sinclair said on paper mayors don't have much more authority than councillors.

She said the real difference separating a mayor from a councillor is their political weight.

"They get a bigger budget and they have a bigger office, so they have more clout," she said.

She added because mayors are elected city-wide they also have a little more heft in debate.

"When you are elected by 130,000 people, you have more clout than someone who is elected by 7,000 or 8,000 people," she said.



Don Iveson METRO FILE

Iveson said he's fully aware his powers will be limited, but he believes he and his fellow councillors were elected with change in mind.

He said even without powers he can push his agenda forward.

"Without formal power you can still lead and the title comes with the opportunity to provide leadership," he said.

RYAN TUMILTY/METRO

# Provincial government introduces flood legislation



The government officially introduced legislation that will outline future flood-zone development restrictions, after the devastating June floods that hit southern Alberta. METRO FILE

**Buyouts not taken.** Few homeowners taking government relocation

Premier Alison Redford's government opened the fall sitting of the Alberta legislature Monday by introducing a bill to mitigate damage from floods like the one that ravaged parts of southern Alberta this summer.

"We know that we will get flooded again," Municipal Affairs Minister Doug Griffiths told reporters after introducing the bill in the legislature.

### Quoted

**"The June disaster shows us that we must change how we develop in flood-risk areas."**

Municipal Affairs Minister Doug Griffiths

"The June disaster shows us that we must change how we develop in flood-risk areas."

So far less than 10 per cent of Albertans who lost their homes in the June floods have decided to accept a government offer to buy them out.

Of the 250 eligible people in the floodway zone, 22 have accepted the offer to move in exchange for cash.

The cost of the buyouts to date is \$13.8 million.

An Alberta flood task force official says another 67 people have expressed interest in the relocation program.

People who live in this zone that was most affected by the devastating floods have until the end of November to apply.

Homeowners who say no to the program and stay put will not be eligible for disaster money if another flood hits. **THE CANADIAN PRESS**



RBC Royal Bank

**64%**

of couples feel they pay more in bank fees than they need to\*.

**100%**

of them could save money with RBC Royal Bank®.



**The RBC VIP Banking® Package: Great features that will save you money.**



**3+ 3 UNLIMITED BANKING ACCOUNTS<sup>1</sup>**

Get one for you, one for your spouse and one joint or for the family.



**UNLIMITED USE OF ANY MAJOR BANKS' ATM<sup>2</sup>**

RBC will refund the access fee.



**UNLIMITED INTERAC E-TRANSFERS<sup>3</sup>**

The faster, easier way to send money.



**ANNUAL CREDIT CARD FEE REBATES<sup>4</sup>**

Get a premium reward-earning RBC Royal Bank credit card for you and your spouse.

Get up to  
**\$300**  
in gift cards<sup>5</sup>

**SWITCH TODAY!**  
**rbc.com/inclusive**  
**1-866-335-2395**

**Advice you can bank on™**

\* Ipsos Reid's survey of 1000 married and cohabiting couples, 645 (or 65%) of whom who pay bank fees, conducted Aug 2-8 2013. <sup>1</sup> Eligible Canadian dollar accounts include any two of the following banking accounts with the monthly fees waived: RBC Day to Day Banking®, RBC Enhanced Savings® and RBC Day to Day Savings®. Debit transaction means a withdrawal of funds from an account and includes an assisted transaction and an electronic self-serve transaction. <sup>2</sup> ATM operator surcharge (also called convenience fee) charged by other ATM operators may apply and be added directly to the amount of your cash withdrawal. The convenience fee is not a Royal Bank fee. All clients who use non-RBC ATMs may be charged a convenience fee by the other ATM operator regardless of the type of account they hold with us. <sup>3</sup> Starting September 1, 2013 the RBC VIP Banking account will include unlimited Interac e-Transfers. <sup>4</sup> The amount of the annual fee rebate depends on which banking package and eligible credit card you hold. The annual fee rebate applies every year as long as you remain an eligible account owner. Other conditions and restrictions apply. <sup>5</sup> Limited time offer. To get \$300 worth of gift cards/certificates, you will need a total of 36,000 RBC Rewards® points. To learn how, and for full offer details, go to rbc.com/termsandconditions. ©/TM Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.





# FREEDOM FROM ADDICTION

***Much more than a rehab center!***

Residential Addiction Treatment For Men and Women

Ages 18-34

**Proven  
Effective**

At Welcome Home, we not only eliminate the addictive behavior, we also resolve the underlying issues that led to the addiction in the first place. In addition, program participants receive extensive career training and gain the healthy life-skills and coping abilities needed to stay sober. Program participants develop mentally, socially, physically, emotionally, and spiritually until they are ready to live as responsible, contributing members of society - for life! **Life-long sobriety** - that is our only purpose.



*I have been in foster-homes, many different recovery programs, and attended countless meetings, nothing helped. Welcome Home changed my life - it is the greatest gift I could ever receive. - Kelly D.*

**Most  
Affordable**

Welcome Home is funded by the John Volken Foundation, a private charitable organization dedicated to fighting addiction. Thanks to this funding, **the Program is FREE**, except for the one-time administrative in-take fee.

***Take the First Step  
Give Us a Call Today  
To Find Out More  
Phone 855-592-3001  
[www.whrecovery.org](http://www.whrecovery.org)***

 **WelcomeHome**  
ADDICTION RECOVERY ACADEMY  
Changing Lives

**6911 King George Blvd, Surrey, BC.**

*I cannot thank you enough for what you have done in not only my life, but my family's as well. - Marty C.*

# Cheque again: Duffy claims Tory lawyer covered \$13K in legal fees

**'It was never about ethics, it was always all about politics.'** Senator elicits gasps from upper chamber with tale of intrigue and betrayal

The \$90,000 from Stephen Harper's former chief of staff wasn't the only secret, five-figure payment made on Mike Duffy's behalf during the Senate expense scandal, the senator at the heart of the controversy says.

For the second time in as many weeks, Duffy — expelled from the Conservative caucus in May — shocked the normally sleepy upper chamber Monday with a tale of intrigue and betrayal he says starts and ends with the Prime Minister's Office.

"The cheques tell who's telling the truth and who is not,"

Duffy, a former TV broadcaster, declared before releasing more documents to buttress his explosive claims.

At issue is an alleged cover-up in which the PMO paid off Duffy so that he could repay disputed expenses, in return for which, a Conservative-dominated Senate audit committee would whitewash Duffy's behaviour and make the scandal disappear. Instead, the flames just keep getting higher — and on Monday, Duffy poured more fuel on the inferno.

Facing suspension without pay for the next two years, Duffy and fellow Conservative exiles Pamela Wallin and Patrick Brazeau have all lashed out at a PMO they say is railroading them out of political expediency.

Duffy tabled a document with the Senate that shows Arthur Hamilton, the Conservative party lawyer, signed off on a payment of \$13,560 to Duffy's



Sen. Mike Duffy takes the elevator as he arrives at the Senate on Parliament Hill on Monday. SEAN KILPATRICK/THE CANADIAN PRESS

legal representative last April 3.

Duffy says he'd already been "coaxed" into accepting \$90,000 from Nigel Wright, Harper's chief of staff, to be used to pay off disputed Senate housing expense claims — notwithstanding written as-

surances from Wright that he'd broken no rules.

"It was never about ethics, it was always all about politics — which explains why Arthur Hamilton was busy cutting cheques," Duffy charged.

Repaying expenses he'd

**Cue the audible gasp**

"That's right. One cheque from Nigel Wright? No, ladies and gentlemen, there were two cheques — at least two cheques."

Sen. Mike Duffy

## Reaction

The Prime Minister's Office issued a statement reiterating that Wright has "assumed sole responsibility for his actions."

- "The prime minister was not aware of the arrangement and had it been presented to him he would not have approved of such a scheme," said spokesman Jason MacDonald.

ranged to have my legal fees paid," he told a rapt upper chamber.

"That's right. One cheque from Nigel Wright? No, ladies and gentlemen, there were two cheques — at least two cheques."

An audible gasp went up from the gathered senators.

THE CANADIAN PRESS

## HALLOWEEN HOT & FRESH FEST

**OCTOBER 29<sup>TH</sup> - 31<sup>ST</sup> (11am-2pm)**

**Held at these 2 locations:**

**14728 Stony Plain Rd**



**17024 - 95 Avenue**



**Drop in wearing your Halloween costume and WIN A PRIZE! Like Dough Dollars for your next order**

**First 20 Customers each day receive a**

**\$20 Gift Card!**

Minimum 1 pizza order to qualify. Walk in or pick-up only. Valid at this location only.

**Medium Pepperoni Pizza \$5**

Between 11am to 2pm, walk in only. Valid at this location only. Plus tax.



**PIZZA 73**

(780) **473-7373**

[www.pizza73.com](http://www.pizza73.com)

**West Edmonton!**  
We now deliver from 11am daily!



OVER 200  
PRE-OWNED  
TRUCKS TO  
CHOOSE  
FROM!!

# CANADA WIDE TRUCKLAND

EDMONTON'S LARGEST WEST END TRUCK DEALER!

SHOP  
ONLINE AT  
[WWW.CWAS.CA](http://WWW.CWAS.CA)



2009 GMC 1500 E/C  
4x4

#09A2446  
**\$16,988**



2012 GMC T1500 CREW 4X4

#12B4019  
**\$25,988** 5.3L/SLE



2010 F-150 HARLEY DAVIDSON

#10A2330  
**\$33,988** NAV & SUNROOF



2012 RAM 1500 CREW  
4X4 LONG HORN

#12A1551  
**\$37,988** LEATHER/SUNROOF/DVD



2013 GMC 2500 CREW  
4X4 VORTEC

#13A0244  
**\$39,988** LEATHER/SUNROOF/20 IN WHEELS



2009 FORD  
RANGER S/C  
4X4

#09A3C50  
**\$13,988**



2011 FORD F150  
S/C STX

#11A8725  
**\$15,988**



2009 FORD F-150  
SUPERCREW  
4X4 XLT

#12B6152  
LIFT/RIMS  
**\$17,988**



2011 CHEVROLET  
1500 CREW 4X4

#11A2067, LS/5.3L  
**\$19,988**



2009 GMC  
YUKON 4X4

#09T5990  
CUSTOM LEATHER/RIMS  
**\$22,988**



2011 RAM  
1500 CREW  
4X4 SLT

#11B9400, HEMI/20'S  
**\$25,988**



2012 GMC  
1500 CREW  
4X4 SLE

#12B8125, 5.3L  
**\$28,988**



2010  
CHEVROLET  
AVALANCHE LTZ

#10B8936  
NAVIGATION/DVD/SUNROOF  
**\$28,988**



2012 RAM  
1500 CREW 4X4

#12B3377  
LIFT/WHEELS/GOTTA SEE IT  
**\$32,988**



2012 RAM  
1500 Crew  
4x4 Sport

#12B6717  
**\$35,988**



2013  
RAM 1500 CREW  
4X4 SPORT

#13B4C94  
LEATHER/NAV  
**\$39,988**



2012 GMC  
YUKON 4X4

#12A3927  
SLT/LEATHER/SUNROOF  
**\$40,988**

SPECIAL  
VOLUME  
PURCHASE



2013 DODGE DART SXT

#13A4036  
**\$16,988** ALLOY WHEELS. 7 TO CHOOSE FROM



2012 DODGE GRAND CARAVAN

#12B4846  
**\$17,988** STOW N GO. 6 TO CHOOSE!



2012 JEEP COMPASS LTD 4WD

#12A5099  
**\$23,988** NAV/SUNROOF



2013 GMC Terrain SLE AWD

#13B6831  
**\$23,988** ALLOY WHEELS/BACK UP CAMERA. 4 TO CHOOSE

SPECIAL  
VOLUME  
PURCHASE



2013 JEEP GRAND CHEROKEE  
LAREDO 4WD

#13B0989  
**\$27,988**



2009 SATURN  
AURA XR

#09T1423  
V6/LEATHER/SUNROOF  
**\$9,988**



2007 DODGE  
NITRO AWD

#07T2526  
SUNROOF  
**\$11,988**



2008 VOLVO C30

#08T6197  
T5 TURBO  
**\$11,988**



2008 DODGE  
GRAND CARAVAN

#08B4077  
STOW N GO  
**\$11,988**



2011 SUZUKI SX4  
JX AWD

#11T1135  
**\$11,988**



2010 CHRYSLER  
SEBRING TOURING

#10A3953  
**\$12,988**



2010 KIA SOUL 4U

#10B6105  
SUNROOF/ALLOY WHEELS  
**\$12,988**



2010 NISSAN  
ALTIMA 2.5S

#10T6793  
**\$13,988**



2012 CHEVROLET  
CRUZE LT

#12A3703  
TURBO  
**\$13,988**



2010 DODGE  
AVENGER R/T

#10A6644  
**\$13,988**



2013 HYUNDAI ELANTRA

#13B4216  
**\$15,988**



2013 FORD FOCUS  
SE/SYNC

#13B9148  
**\$15,988**



2011 DODGE  
JOURNEY SXT

#11T1902  
**\$15,988**



2012 VOLKSWAGEN  
GOLF 2.5S

#12A7597  
**\$16,988**



2011 JEEP LIBERTY  
4X4/SPORT

#11B6052  
**\$17,988**



2012 CHRYSLER  
300 TOURING

#12B0425  
**\$17,988**



2010 FORD FLEX  
LIMITED AWD

#10A2229  
LEATHER/PANORAMIC SUNROOF  
**\$21,988**



2013 FORD ESCAPE  
SE AWD

#13A2391  
**\$23,988**



2012 CHEVROLET  
TAHOE LS 4WD

#12B4801  
**\$28,988**



2009 LEXUS  
RX350

#09B4456  
NAVIGATION/SUNROOF/LEATHER  
**\$26,988**



2012 HONDA CRV  
EX-L AWD

#12B0634  
LEATHER/SUNROOF  
**\$26,988**



2010 BMW 135i

#10A1009  
TWIN TURBO  
**\$27,988**



2013 NISSAN  
MURANO SL AWD

#13B1525  
**\$28,988**



2012 GMC ACADIA  
AWD SLE

#12A2469  
LEATHER/PANORAMIC SUNROOF  
**\$30,988**



2009 MERCEDES  
BENZ ML350

#09B713  
NAVIGATION/SUNROOF  
**\$33,988**



2012 JEEP GRAND  
CHEROKEE

#12A2063  
LEATHER/PANORAMIC SUNROOF  
**\$33,988**



2013 FORD  
EXPLORER AWD

#13B2009  
LEATHER/NAV/PANORAMIC SUNROOF  
**\$35,988**



2013 NISSAN 370Z  
ROADSTER

#13B0483  
SPORT/PREMIUM PKG  
**\$39,988**



LOCAL **780.483.7516**  
TOLL FREE **1.866.310.5751**

Vehicles may not be exactly as illustrated. Call or drop in for complete details.

**10212-178 Street**  
MONDAY - FRIDAY 9-9  
SATURDAY 9-6  
SUNDAY 11-5



► Deposit a  
cheque  
with your  
smartphone?  
Cheque-In™.  
Believe it.

Get a **\$100\*** Bonus  
when you open a  
THRIVE Chequing®  
Account by  
December 31 and  
switch your payroll.

ingdirect.ca



ING Bank of Canada and its subsidiaries have been acquired by The Bank of Nova Scotia and are no longer affiliated with ING Groep N.V. The trademarks ING, ING DIRECT, ING Lion, the ING Lion logo and any derivation, variation, translation or adaptation thereof are trademarks of ING Groep N.V. and are used under license. ® THRIVE Chequing is a registered trademark of ING Bank of Canada. ™ Cheque-In and forward banking are trademarks of ING Bank of Canada. \* THRIVE Chequing Account must be opened between August 26, 2013 and December 31, 2013. Payroll must be deposited by January 31, 2014. Limit of one (1) \$100 Bonus per Client/Account. Chequing Account rates are annualized, are current as of today's date and are subject to change without notice. Interest is calculated daily and paid monthly.

# Hospital medics in China angry

**Wenling.** A patient stabbed three doctors, killing one; such attacks are on the rise; hospital workers want safety guarantees

Several hundred hospital workers in white coats and surgical masks staged a rare protest in eastern China against attacks on medical workers after a patient stabbed three doctors at a hospital, killing one.

The staffers assembled Monday outside the Wenling City No. 1 People's Hospital hoisting signs that said "uphold justice" and "guarantee medical staffers' safety."

"We are still protesting and demanding that the government and the hospital management ensure the safety of the doctors," said a



A sign: "Guarantee medical workers safety," at a protest. THE ASSOCIATED PRESS

woman at the emergency department. The protest came after a knife-wielding patient, being treated in emergency, stabbed the three doctors on Friday. Dr. Wang Yunjie died while the other two were wounded.

Attacks by patients in hospitals are increasingly common in China. THE ASSOCIATED PRESS

## Quoted

**"Once the medical system decides that its aim is to make money, patients will not trust doctors anymore."**

Liu Jitong, of Peking University



**2014 could be the year  
that changes everything**

Start to maximize your future opportunities as early as January at NorQuest College, a vibrant and inclusive environment offering some of the best student services in Alberta and more than 30 programs in:

- Health
- Business
- Community Studies
- Academic Upgrading
- English Language Training
- Employment Preparation
- and more!

**Apply today**  
Classes start  
January | May | September

Step Forward | norquest.ca



# Violent storms wreak havoc on U.K., Europe

**Savage weather.** At least 13 people have been reported killed in squall that has ravaged several countries

A major storm with hurricane-force gusts is lashing southern Britain, parts of France and Netherlands, causing flooding and travel delays, including the cancellation of roughly 130 flights at London's Heathrow Airport.

Express train services between central London and Gatwick and Stansted airports were suspended because of the storm, and the major English port of Dover was closed, leading to a cutoff in ferry service to France.

Thousands of homes in northwestern France lost electricity, while in the Netherlands several rail lines were closed, airport delays were reported and citizens were warned against riding their

bicycles — a favoured form of transport — because of high winds. Amsterdam's Central railway station was shut by storm damage.

Sweden's Meteorological Institute upgraded its advisory Monday, warning that a "Class 3" storm that could pose "great danger to the public" was expected to hit western and southern Sweden on Monday evening.

Some English rail lines shut down Monday morning and some roads were closed due to fallen trees and power lines. There were delays on many parts of the London Underground network and the opening of the Overground network was delayed several hours.

Air travellers and commuters were advised to check conditions before starting any journeys. Widespread delays were expected as major London train lines delayed their opening because of the winds and tree hazards.

THE ASSOCIATED PRESS

**Blackout**

## 220,000

Number of homes in Britain reported without power by UK Power Networks officials.



Police cordon off an area near scaffolding on the famous pedestrian street, Stroeg, in central Copenhagen Monday, after a major storm swept Denmark, western Europe and Britain. JOACHIM ADRIAN/THE ASSOCIATED PRESS/POLETO

## Fall in the air, great deals on the ground.

Now is the time for your Certified Mercedes-Benz.

Mercedes-Benz  
**CERTIFIED**  
FALL SALES EVENT™



For a limited time, take advantage of 0.9% financing for 36 months and three months payments waived on ALL 2009-2011 Certified Pre-owned vehicles.

Buying Certified gets you:

- Reassurance: 150-point certification inspection
- Warranty: standard Star Certified warranty up to 6 years or 120,000 km
- Confidence: complete vehicle history report
- Security: 24-hour special roadside assistance
- Peace of mind: five day/500 km exchange privilege

For a complete listing, visit davidmorrisfinecars.com.

0.9%\* for up to 36 months | 3 Month Payment Waiver\*\*

Certified. Affordable. Luxury.  Mercedes-Benz



2011 E 350 4matic™ wagon, \$47,999 +GST

Stock # shown P11-10401

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.com

Mercedes-Benz STAR DEALER



© 2013 Mercedes-Benz Canada Inc. \*0.9% financing only available through Mercedes-Benz Financial Services on approved credit for a limited time. Available for 36 month finance on model year 2009-2011 Certified Mercedes-Benz (less than 140,000 km). Finance example based on a 2009 model: \$25,000 at 0.9% per annum equals \$704.12 per month for 36 months. Cost of borrowing is \$348.39 for a total obligation of \$25,348.39. Down payment may be required. \*\* First, second and third months payments are waived for finance programs on model year 2009-2011 Certified Pre-Owned Mercedes-Benz models. The payment waivers are capped up to a total of \$500/month including tax for a Mercedes-Benz model. Vehicle licence, insurance, registration and sales taxes are extra. Dealer may lease or finance for less. Offer may change without notice and cannot be combined with any other offers. See your authorized Mercedes-Benz dealer for details or call the Mercedes-Benz Customer Relations Centre at 1-800-387-0100. Offers end October 31st, 2013.

**NEED MONEY?**  
✓ No credit checks  
✓ Fast approvals  
call 1866 **499-5629**  
And get cash now!!  
[www.mynextpay.ca](http://www.mynextpay.ca)

visit  
**metronews.ca**

metro

**Adventure!**  
**Teach English Overseas**  
✓ TESOL Certified in 5 Days  
✓ In-Class or Online  
✓ No Degree Required!  
**1.888.270.2941**  
**Job Guaranteed!**  
Next in-class course: Dec 6th - 8th, 13th - 15th 2013  
Next Seminar: Nov 13th, 2013 @ 7pm  
Room # SJ 102 - St Joseph's College, U of A, 11525 89th Ave  
[www.globaltesol.com](http://www.globaltesol.com)  


**\* COMING SOON**  
**VITA**  
CRYSTALLINA NERA  
LiveAtVita.com  
TO NORTH EDMONTON

Read metr® work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.



## Spain. United States spied on 60 million calls in a month: Report

A Spanish newspaper published a document Monday that it said shows the U.S. National Security Agency spied on more than 60 million phone calls in Spain in one month alone — the latest revelation about alleged massive U.S. spying on allies.

The El Mundo newspaper report came as Spain summoned the U.S. ambassador in Madrid to express its displeasure over the reports of spying on allies.

A European summit last week was dominated by anger over U.S. spying and Germany was sending its spy chiefs to



A man talks on the phone in Barcelona earlier this year — was someone else listening?

MANU FERNANDEZ/THE ASSOCIATE PRESS FILE

Washington to demand answers.

THE ASSOCIATED PRESS

### Wedding crasher

## Man steals newlyweds' gifts

A man wearing a stocking over his head dashed into a Cyprus wedding reception and — in front of the shocked newlyweds and their guests — made off

with a bag filled with cash and cheques from well-wishers.

The weekend robbery occurred in the town of Limassol. Spokesman Andreas Angelides said Monday that police have detained a 32-year-old who fits the culprit's build.

THE ASSOCIATED PRESS

# G.I. Joe bodies: Soldiers who fail fat test seek lipo



An overweight service member, who failed the so-called "tape test," struggles doing sit-ups during a workout earlier this month. He hopes to improve his conditioning and avoid being dismissed from the U.S. military.

LENNY IGNEZI/THE ASSOCIATED PRESS

**Extra pressure.** Service members say they are under extreme scrutiny as U.S. military trims its ranks because of budget cuts and the winding down of the Afghanistan war

getting a demerit that will hurt their chances at a promotion," the Rockville, Md., surgeon said.

Service members complain that the Defence Department's method of estimating body fat weeds out not just flabby physiques but bulkier, muscular builds.

Fitness experts agree and have joined the calls for the military's fitness standards to be revamped.

Dr. Michael Pasquale of Aloha Plastic Surgery in Honolulu said his military clientele has jumped by more than 30 per cent since 2011, with about a half-dozen service members coming in every month.

"They have to worry about their careers," the former soldier said. "With the military downsizing, it's putting more pressure on these guys."

THE ASSOCIATED PRESS

Troops often call plastic surgeon Adam Tattelman in a panic. They need liposuction — fast.

Some military personnel are turning to the surgical procedure to remove excess fat from their waists in a desperate attempt to pass the Pentagon's body fat test, which relies on measurements of the neck and waist and can determine their future prospects in the military.

"They come in panicked about being kicked out or

OVER \$16,000 IN TOTAL PRICE ADJUSTMENTS

# BONZAI

SALES EVENT!

## 2014 MIRAGE



**SAMURAI SAM**

**\$12,498**  
**\$89/bw**



**Comes with a 10 YEAR warranty**

Mirage 96 months at 4.9% \$0 Down oac  
example \$10,000 payment is \$58.28 Over 96  
months \$12,122.24 Total payments loan charge  
\$2122.24 Oac. West side mitsubishi pays your  
first two payments prices do not include gst

**PLUS**

**WEST SIDE MITSUBISHI PAYS YOUR FIRST 2 PAYMENTS!**



**WEST SIDE MITSUBISHI**

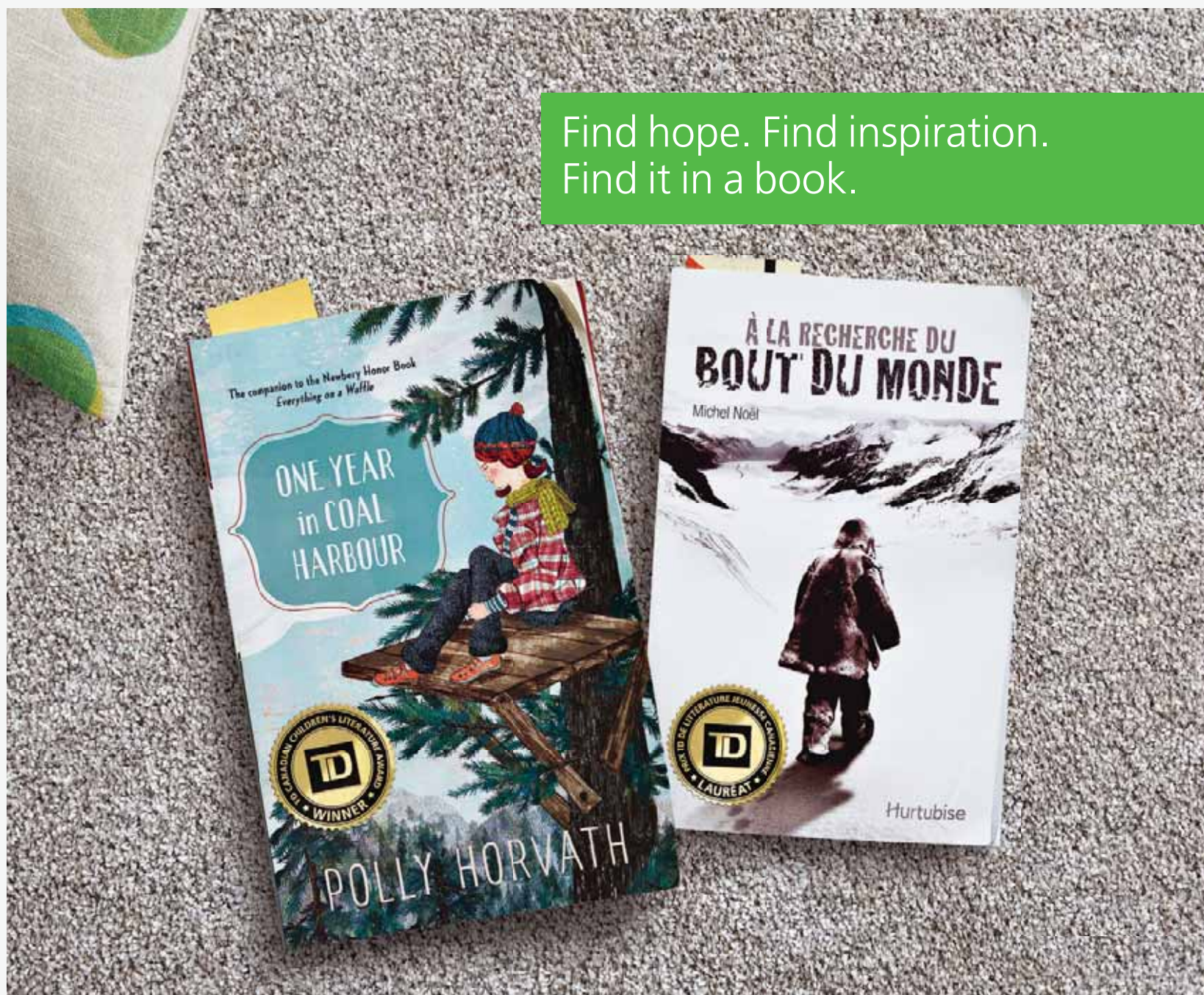
**17920-100 Ave • 1.855.429.6526 • [www.westsidemitsubishi.com](http://www.westsidemitsubishi.com)**

All prices are plus applicable taxes. Vehicle may not be exactly as shown. Please see dealer for details. [www.mitsubishi-motors.ca](http://www.mitsubishi-motors.ca)





Find hope. Find inspiration.  
Find it in a book.



### Introducing the 2013 TD Canadian Children's Literature Award winners.

Congratulations to our winning authors Polly Horvath and Michel Noël. In your books, kids find more than good stories and great characters. They find bravery, strength and perseverance. That's why we're proud sponsors of the 9<sup>th</sup> annual TD Canadian Children's Literature Award, the largest cash award of its kind honouring both English and French language Canadian children's books.

Learn more at [tdreads.com](http://tdreads.com)



The Canadian Children's Book Centre







## Phone-hacking trial begins

The trial of two former top editors of Rupert Murdoch's defunct News of the World began Monday with the selection of a jury to hear the complex and high-profile case sparked by a tabloid phone-hacking scandal that has shaken Murdoch's media empire and tarnished the image of British journalism. Rebekah Brooks, seen arriving at a London court Monday, and Andy Coulson — both one-time senior Murdoch aides and associates of British Prime Minister David Cameron — are charged with conspiring to hack the phones of celebrities and other people in the public eye and with making illegal payments to officials for information. DAN DENNISON/GETTY IMAGES

## Concern. Health Canada, group at odds over health effects of cellphone use

A safety advocacy group says Health Canada is ignoring science that shows some Canadians are getting sick from using cellphones and other wireless technology.

Canadians for Safe Technology says they've obtained documents showing the government is controlling a so-called independent review of radiation from cellphones, cell towers and Wi-Fi.

The Royal Society of Canada is holding public meetings in Ottawa to hear from people who say they suffer negative health effects from using wireless devices.

Some of the symptoms reported include insomnia, heart palpitations and headaches.

Frank Clegg, the CEO of Canadians for Safe Technology, says the Royal Society's review panel has too many members who are beholden to the wireless industry.

In July, panel chairman Daniel Krewski resigned over a conflict.

Two other panel members were replaced last month when a new chair was named.

In its most recent posting online, Health Canada says a consensus among scientists indicates that radiation from cellphone towers is too low to cause adverse health effects in humans.

THE CANADIAN PRESS

## Facebook rage. Japadog apologizes for setting up at Ikea as strike drags on

Vancouver's iconic Japanese hot dog chain folded up shop after just one day this weekend at the Ikea store in Richmond, B.C., where more than 350 workers have been on strike for more than five months.

An announcement Japadog made on its Facebook page that it would open for a one-week stint garnered dozens of angry comments.

On Sunday, Japadog updated its Facebook page to announce it had closed the location, and apologized to all Ikea staff

for any inconvenience.

Anita Dawson, a business agent with Teamsters Local 213, the union that represents the workers, said she was pleased with the decision, explaining that hot dogs are sold by workers at the Ikea bistro.

Ikea spokeswoman Madeline Löwenborg-Frick said the company asked Japadog to come to the Richmond store because the bistro has been closed during the labour dispute.

KATE WEBB/METRO IN VANCOUVER

# Tim Hortons to test out darker roast

## Change percolating.

Iconic coffee shop chain wants to appeal to today's consumers, who are 'more educated' about their morning cup

Still the top dog

# 77%

Tim Hortons has a 77 per cent share of the brewed coffee market in Canada

stores in Columbus on Monday. It will launch in 70 London, Ont., stores on Nov. 4.

While Canadians still love the original Tim Hortons blend, their tastes are also evolving, says Dave McKay, vice-president of beverages at Tim Hortons Inc.

"Canadian coffee drinkers are becoming more educated. They understand a quality cup of coffee," said McKay.

TORSTAR NEWS SERVICE

After nearly 50 years of pouring the same brewed coffee, Tim Hortons has decided it's time to test whether customers want a darker roast on the menu.

The company announced Monday it is piloting a new coffee in two markets — London Ont., and Columbus, Ohio — for customers with a hankering for a more robust flavour.

The pilot launched in 80



Amid increased competition from other coffee purveyors, such as Starbucks and McDonald's, Tim Hortons is testing a dark roast blend. CNW GROUP/TIM HORTONS

### Market Minute



**DOLLAR**  
95.74¢  
(+0.09¢)



**TSX**  
13,371.84 (-27.58)



**OIL**  
\$98.68 US (+83¢)



**GOLD**  
\$1,352.20 US (-30¢)

Natural gas: \$3.57 US (-11¢)  
Dow Jones: 15,568.93 (-1.35)

# DRIVE-THRU

CREDIT FINANCIAL

## 100% Approval, Guaranteed!

When the Banks Say No, Drive Thru Credit Financial Says Yes! WE ARE THE LENDER!

At Drive Thru Credit Financial we have a different approach to get the car you are looking for. Let our professional credit consultants help you get the most competitive loan. 0% Financing Available (OAC)

Everyone Approved with Drive Thru Credit Financial

- ✓ Good Credit
- ✓ Bad Credit
- ✓ Bankruptcy
- ✓ No Credit
- ✓ Previous Declines
- ✓ First Time Buyer
- ✓ Repossession
- ✓ 9 SIN number
- ✓ New to Canada
- ✓ Divorced

**\$500**  
DISCOUNT  
from Purchase Price  
just for making an  
Appointment!

## APPROVED IN 3 EASY STEPS:

1 Call Us

2 Pick Your Car

3 Drive Away Today

Apply Now

# WWW.DRIVETHRUCREDITFINANCIAL.CA

## Sign Up. Pick Up. DRIVE OFF!

## Call Now 780 902 6333

a division of KIA WEST EDMONTON #1 Kia Dealership in Western Canada.



STK: #15781A

2008 FORD F150

**\$23,888<sup>+GST</sup>**



STK: #1599A

2012 KIA FOTRE EX

**\$12,888<sup>+GST</sup>**



STK: #16816A

2007 JEEP

**\$10,888<sup>+GST</sup>**

## No Pressures. No Hassles. No Obligation



Alberta Motor Vehicle  
Industry Council



VEHICLE HISTORY REPORTS



10151 - 179 St, Edmonton

Located in Kia West Edmonton

[www.drivethrucreditfinancial.ca](http://www.drivethrucreditfinancial.ca)



# GENERATION INSTAGRAM POPS THE Q

The holiday season is just around the corner and there's something about those snow-dusted, LED-lit few weeks that make the end of the year an ideal time for marriage proposals. Kanye West kicked off the engagement season last week by popping the question to girlfriend Kim Kardashian with an Instagram-worthy spectacle that involved an empty baseball stadium, a 15-carat diamond and a 50-piece orchestra playing — what else — his own music.

I'm a sucker for an elaborate proposal story. Yes, I know it should be an intimate and personal affair between a couple, and it's not about how it's done but the meaningful commitment being made and all that sensible stuff. But there's just something so lovely about hearing a tale of meticulously thought-out plans that involve homemade crafts, animals, fireworks, flash mobs of dancing strangers and a professional photographer secretly capturing the moment.

Asking someone to marry you is nerve-racking enough



**SHE SAYS**  
**Jessica Napier**  
metronews.ca

without thinking about all the logistics involved in co-ordinating an over-the-top proposal. Which is why some would-be grooms are turning to professional event planners to help pull off the perfect proposal.

At Toronto-based company Save My Date, owner Lida Elias helps clients to design and execute picture-perfect dates to pop the question to their significant others. "Shows such as Millionaire Matchmaker and The Bachelor put a lot of pressure on men to really wow their dates," says Elias. "And with the growth of social media in the past few years, expectations have increased even more since we can now witness and share each other's proposals."

From scenic helicopter tours over the city to luxurious shopping sprees, Elias works with clients to put together unforgettable customized experiences based on their personal interests and budget. "I take a couple's favourite things to do into consideration and source appropriate vendors

to create a wonderful, personalized proposal, hassle-free."

The dates are as unique and diverse as the couples she works with. One client might ask her to organize an elegant gourmet meal cooked by a private chef while another may want help arranging a simple and romantic picnic in the park. One of her most extravagant proposals involved renting out an entire theatre in downtown Toronto, decorating the stage with rose petals and candles and booking a live jazz singer to serenade the two sweethearts with their favourite song.

"Sure, you can propose over breakfast at home and she'll most likely say yes, but this is a story that you'll have to retell to all of your friends and family until the day you're married, so it's best to try to make it a bit more thoughtful and memorable," says Elias. "It's nice to take the time to plan something that tells your partner that you really know them and care about them enough to make the day a bit more special than every other Saturday night you spend together."

Follow Jessica Napier on  
Twitter @MetroSheSays



## ZOOM

## This will give you spinal slithers



UJET IFANSASTI / GETTY IMAGES

### Snakes soothe away pain

This new snake massage will have you squirming the stress right out of your system.

Those brave enough to try the treatment will have several pythons placed upon their back at the Bali Heritage Reflexology and Spa in Jakarta, Indonesia. It's believed that the adrenaline-related fear is metabolically beneficial. **METRO**

### Nervy woman goes from hiss to bliss

"It can only be described as kind of kneading sensation — a little like a traditional massage. The wriggling of their bodies across my muscles was strangely relaxing. The only thing that I had to do was block out the fact that I had a number of snakes slithering across my spine," explains Miriam, who tested the charms of the python treatment. **METRO**

### Alternative luxuries

- **Chocolate facial.** Forget the detox: This one will have you licking your lips. The Pennsylvania hotel opened by the owner of Hershey's confectionery in the 1930s offers a tasty cocoa-based facial treatment.
- **Cryotherapy.** At the Haikko spa in Porvoo, Finland, you can sit in a freezing cham-

ber (-110 C) — but don't get too chilled, as you may well develop hypothermia and die.

- **Orgasm hotel.** The Venus-garden in Scania, Sweden, has its customers coming back for more by offering a range of relaxing climaxes through sex toys, erotic books, mirrored ceilings — and a swing.

### Clickbait



**HANNAH ZITNER**  
hannah.zitner@metronews.ca

Douglas Coupland is a bestselling novelist, a visual artist and the author of **TEMP**, an exclusive 20-parts-in-20-days story running in Metro starting Monday. Known for his musings on art, culture and technology, he's been quoted as saying, "I miss my pre-Internet brain." In a visit to Metro on Monday, I asked him what, exactly, he misses most about a non-Internet-influenced noggin.



ISTOCKIMAGES

#### Remembering facts:

Who needs to keep useless trivia in your mind when we've got Wikipedia? "I miss remembering facts ... but not that much. Give me Wikipedia every time."

#### Spinning blarney:

"I write fiction for a living," says Coupland. "Everything can be fact-checked these days and that can be a drag. It's harder to embellish a story."

#### Being wrong:

There's a certain comfort in not knowing all the things all the time. Like song lyrics, for example. But despite having songlyrics.com at his finger tips, he still can't figure out what Sufragette City really means.

#### Visiting the library:

While libraries certainly do still exist, Coupland says he takes one walk in the stacks for every hundred he used to take.

### Twitter



little diced tomato and lots sriracha.

**@metropicks asked:** A Wendy's meal is = to 8 cups of Kraft Dinner but you can't customize a Wendy's meal. **@DougCoupland** wants to know how you customize your KD?

**@MBrentM:** cheese whiz instead of butter, add garlic (lots), a few dashes of cayenne pepper, and loads of black pepper.

**@Dancininthedark:** KD, wieners, sides of tomatoes & dill pickles #kddelish

**@JustinMoris:** With a can of tuna, a

**@Gary\_Zinck:** Have to have my KD with chilly powder and bbq sauce..

**@Newbornstranger:** sometimes I'll add a spoonful of cream cheese to my KD, and always lots of fresh ground pepper.

**@AmandaBurgessPR:** I like my KD with oven-broiled sopressata and a dash of ketchup.

**@LevonStevenson:** KD with chicken fingers and plum sauce a la mode!

**Follow @metropicks and take part in our daily poll.**

**WE WANT TO HEAR FROM YOU:** Send us your comments: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)



President Bill McDonald • Vice-President & Group Publisher, Metro Western Canada Steve Shroot • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Edmonton Darren Krause • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Sales Manager Cheryl Skogg • Distribution Manager Jim Hillman • Vice-President, Sales and Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Finance Phil Jameson • METRO EDMONTON Suite 2070, 10123 - 99 Street Edmonton, AB T5J 3H1 • Telephone: 780-702-0592 • Fax: 780-701-0356 • Advertising: 780-702-0592 • [adinfoedmonton@metronews.ca](mailto:adinfoedmonton@metronews.ca) • Distribution: [edmonton\\_distribution@metronews.ca](mailto:edmonton_distribution@metronews.ca) • News tips: [edmonton@metronews.ca](mailto:edmonton@metronews.ca) • Letters to the Editor: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)

There's no shortage of horror playing on movie screens on Halloween night, but you can take a patriotic route with some chill inducing Canadian horror films. "Even though Canadian films are known primarily as an auteur cinema, there's a long-running history of genre and horror cinema," says Steve Gravestock of the Canadian Open Vault program at the TIFF Bell Lightbox in Toronto.

TORSTAR NEWS SERVICE



### The Changeling (1980)

The film, which stars George C. Scott as a widower who unknowingly rents a haunted mansion, was a big commercial success for producer Garth Drabinsky. Although contemporaneous with Halloween and Friday the 13th, Gravestock says "because The Changeling was a classically tinged ghost story it stood out and resonated with many people who saw it at the time."

# 5

## Freaky flicks from Canada



### Ginger Snaps (2000)

The werewolf tale Ginger Snaps, written by Karen Walton, equates lycanthropy with maturation and menstruation. "It's aware of the fact that it's not the first werewolf movie or first viral infection movie, but it overturns a lot of those things, like taking shots at the doldrums of suburban life," says Gravestock, adding that David Cronenberg's influence of body horror is evident in Ginger Snaps. It spawned several sequels.

### Black Christmas (1974)

The first holiday-themed horror film also set the template for the slasher genre, says Canuxploitation editor Paul Corupe. "But at the same time, it's more polished and artistically done than many of the later slashers." Filmed in Toronto, Corupe says it reflects the city in a way Canadians didn't often see. "It has a snowy and cold atmosphere — you can see people's breath — but it's not cold in the clinical way some of Cronenberg's films come across."

### Rituals (1977)

Five doctors learn that their camping excursion has gone awry when a lurking maniac places a decapitated deer head near their camp. But the maniac isn't the problem. Caelum Vatnsdal, author of the book They Came From Within: A History of Canadian Horror Cinema, says Rituals is as Canadian a horror movie as you can get, calling it a good starting point for those new to the genre. "It's the landscape and the wilderness that's really trying to kill these guys."

### Pin (1988)

A psychosexual thriller about the relationship between Leon, a young schizophrenic, and Pin, an anatomically correct doll. Dave Alexander, editor-in-chief of Rue Morgue Magazine, was not only struck by how disturbing the movie was, but by its level of restraint. "It ties into the tradition of Canadian filmmaking where there is a sense of repression," he says. "It's not a slasher film with big gestures and shocking violence. It's a quieter, more internal kind of horror."

**JOB FAIR**  
WEST EDMONTON MALL  
**NOVEMBER 3**  
Noon to 5 p.m.  
CENTRE STAGE  
(LEVEL ONE, PHASE II)

**THINK YOU HAVE WHAT IT TAKES TO WORK IN WEST EDMONTON MALL?**

West Edmonton Mall is hosting a job fair on **November 3**, from **noon to 5 p.m.** It's the perfect time to find the ultimate job! See if your favourite retailer is hiring. **Visit and apply!**

**Wem** | **wem.ca**  
west edmonton mall

**COMING SOON**  
TO NORTH EDMONTON

**VITA**  
CRYSTALLINA  
NERA

LiveAtVita.com



## Perry to fellow pop stars: Cover up already!



Katy Perry

Katy Perry has some harsh words for fellow pop stars like Miley Cyrus and Rihanna — though she won't go so far as to mention them by name. "Everybody's getting naked. I mean, I've been naked before but I don't feel like I have to always get naked to be noticed," she tells NPR's Weekend Edition in an interview. "I'm not talking about anyone in particular. I'm talking about all of them. I mean, it's like everybody's so naked. It's like, 'Put it away!'"

## Christina Ricci weds over the weekend



Christina Ricci

Christina Ricci married fiancé James Heerdegen in a small New York City ceremony over the weekend, according to Us Weekly. The happy couple exchanged vows in front of close friends and family at an evening ceremony on the Upper East Side. Ricci and Heerdegen first met on the set of the short-lived TV series Pan Am in 2011 and were engaged in 2012.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Olivia Wilde and Jason Sudeikis. ALL PHOTOS: GETTY IMAGES

## Baby? check! Salsa? Check! Wilde and Sudeikis are ready for parenthood

Olivia Wilde is expecting her first child with fiancé Jason Sudeikis, according to E! News. And after the news broke, Wilde took to Twitter to thank her fans for their support. "You guys are awesome. So kind," she posted. "Babies eat mostly salsa, right?"

The couple met in 2011 and announced their engagement in January. In March, Wilde told Marie Claire magazine that while she "can't

wait for children," there was no definite plan at the time. "I'm open-minded about how many, but three — which I love — is like a little party," she said. "I'm not trying to have kids now — there's no strict plan for anything in my life. What happens, happens. He's so good with kids. I've never before experienced looking at someone and thinking, 'That's who I want to raise a child with.'"

### Twitter



@mcgregor\_ewan

Rain on the roof of the trailer. Make me want to sleep.



@ElizabethHurley

We had Halloween early and am suffering from too many icing eyeballs and fresh blood jelly...



@IAmDonCheadle

The misogyny in rap is hard to take. How can we create an alternative, strike some kind of balance?

### The Word

## Play it Baby One More Time (to keep the pirates away)

CASSANDRA GARRISON

Metro World News in New York

This is one Oops from Britney Spears that can be excused — the pop princess' most catchy singles are reportedly being used to fend off Somali pirates, who have a surprising aversion to American music.

Spears' songs like Oops! I Did It Again and Baby One More Time get blasted by ships out to sea off the east coast of Africa, which has proven an effective technique for preventing pirates from boarding. Merchant navy officer Rachel Owens told the U.K.'s Metro that Britney Spears songs were specifically selected for being particularly annoying — to the pirates, at least.

"These guys can't stand Western culture or music,



making Britney's hits perfect," Owens said. "It's so effective the ship's security rarely needs to resort to firing guns."

Somali pirates have long posed a threat to Western tankers off the coast of

Somalia. The real life story of an American ship captain and his crew, who found their vessel hijacked by pirates in 2009, unfolded on the big screen in the recent release of Tom Hanks' latest film Captain Phillips.

You could  
**WIN** 1 of 10 copies of  
**Monsters University**  
on Blu-ray™ Combo Pack



Available now  
on Blu-ray™  
Combo Pack

VISIT  
**club**  
metro  
.com  
TO ENTER

©Disney

No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

Half off

## Half Off: Healthy messages

Metro Winnipeg editor Elisha Dacey has teamed up with fitness professional Jordan Cieciwa and registered nutritionist Theresa Albert to help lose half of her body weight.

One of Dacey's most important weight loss motivators: her five-year-old daughter Annabelle.

"I'm unhealthy not only because of what I was eating but because of lack of activity — and I'm very afraid of passing on my issues to her," explains Elisha.

So now, Mom's messages are healthier than ever. Dacey and her husband have always been diligent about making mealtimes tasty and good for you.

"We decide what she eats — and we do hide vegetables in foods, like zucchini and carrots in spaghetti. Annabelle decides how much she wants. If she doesn't like it, there is always fresh fruit or vegetables."

Annabelle is also encouraged to try different sports — she takes swimming lessons, is signed up for soccer and may start jujitsu.

For Cieciwa's advice on getting your kids moving or Albert's tips on sending your kids positive food messages, visit metronews.ca/half-off/.

YLYA VAN  
BUUREN/  
FOR  
METRO



# Why won't the man in your life go to the doctor?

**Men's health.** Study finds that more than half of premature deaths among men are preventable if they are detected early enough

MAJA  
LUNDAGER PEDERSEN  
Metro World News

Statistics show that many men's doctor habits are as bad as teenagers' morning behaviour — they seem to keep pressing snooze when it comes to getting up and off to the recommended check-up.

According to a survey conducted by the U.S. Centre for Disease Control, 26 per cent of men had no office visits to a doctor or other health professional in the past 12 months. Only 13 per cent of women, on the other hand, did the same.

"My perception is that it's denial," say Dr. Jonathan Swartz, internal medicine physician and regional medical director for Montefiore Medical Center.

Men's Health Network, a non-profit organization aimed at improving the health of men and boys, points at men's upbringing as one of the reasons guys might be hesitant to see their MD. From an early age, boys are taught not to cry and complain, and being ill is seen as a weakness. Swartz recognizes this behaviour.

"What I experience much more with men (than women) is that they tend to deny and minimize symptoms and problems that they



Gents, there is nothing to be afraid of from the doctor. ISTOCK PHOTOS

are having," he says. "I will usually start the visit saying, 'Are we having any problems today?' (The man says) no, but then the wife kicks in and says, 'You are not going to tell him about the chest pain you have had every day for the last two weeks and that you

can't climb up the stairs any more?'"

The Men's Health Network recently found that two-thirds of men wouldn't even go to the doctor if they were experiencing chest pain. Shockingly, they also found that more than half of pre-

mature deaths among men are preventable.

"High blood pressure, diabetes and high cholesterol don't have any symptoms, and if you wait until the time that you feel sick (before) coming to the doctor, it's too late," Swartz says.



## HEY MOBILICITY CUSTOMERS, We've got you covered.

Get up to \$200 in service credits when you switch to our \$30 unlimited plan. Plus, you can keep your own phone.

SAVE  
**\$200**

**WIND**  
true mobile freedom

Offer valid until notice of change or termination on WINDmobile.ca. To be eligible for this promotion 1) activate a new number or port-in your existing number and 2) provide your own unlocked phone or purchase a device from WIND. Cannot be combined with WINDtab. Customers who activate on WIND20/30/40 plans will receive monthly credits of \$5/\$10/\$15 to a maximum of \$100/\$200/\$300 over 20 monthly installments. Your account must be in good standing and you must keep the number and monthly plan you activated in order to receive the credit. The credit is applicable to monthly add-ons and pay per use charges only and not towards your monthly plan fee, WINDtab balance, device or accessory costs and has no cash value. This promotion is available at WIND retail locations only. This credit cannot be combined with any other promotional offers. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Applicable taxes extra. Other conditions apply. Full details at WINDmobile.ca. Samsung and Samsung Galaxy S4 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE, WINDtab and true mobile freedom are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globale Wireless Management Corp. © 2013 WIND Mobile.



# Jeepers, creepers where'd you get those meatball peepers?

These eyeballs make a fun dinner or a Halloween party appetizer.

You can substitute extra-lean ground beef or veal for the poultry.

1. Heat oven to 190 C (375 F). Line a baking sheet with

## Ingredients

- 1 egg
- 125 ml (1/2 cup) dry seasoned bread crumbs, divided
- 175 ml (3/4 cup) shredded white cheddar cheese
- 1 large clove garlic, minced
- 2 ml (1/2 tsp) each dried basil and thyme leaves
- 1 ml (1/4 tsp) fresh ground pepper
- 500 g (1 lb) extra-lean ground chicken or turkey
- 1 jar (375 ml/12 oz) queen-size pimento stuffed green olives, drained
- Pasta sauce (optional)



This recipe makes about 30 meatballs. THE CANADIAN PRESS

parchment paper.

2. In a large bowl, stir together egg and 45 ml (3 tbsp) of the bread crumbs, cheese, garlic, basil, thyme and pepper. Add chicken and, using hands, mix well to combine.

3. Using about 15 ml (1 tbsp) of the mixture, roll into a ball and then roll into remaining bread crumbs and place on baking sheet. Repeat with remaining mixture.

4. Push 1 olive into each meatball and reshape as ne-

cessary to form eyeball. Bake for about 15 minutes or until golden brown and no longer pink inside.

5. Serve with pasta sauce, if desired.

THE CANADIAN PRESS/DAIRY FARMERS OF CANADA

## Health Solutions

### Surviving Halloween



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCPT  
myfriendinfood.com

Let's face it. Halloween is nothing but a make-work project for moms. You buy a bunch of candy you would rather not spend money on, rush home, shove a meal in front of kids that they would rather not eat, dress them up in ways you would rather not see and negotiate at the end of the night over treats you would rather they not ingest. This year is going to be different. It's mommy time. Here's your plan:

- Be the sheller outer. Find someone else to take kiddies door to door.

- Have paper cups at the ready and a slow cooker full of mulled apple cider with rum for the parents who come door-to-door with kids in tow looking a little chilly or cranky.

- Put some Mexican music on and blast it onto the porch. Wrap yourself in a colourful blanket and call it your costume. Sure, wear a sombrero.

- Use up those paper bags by putting LED candles in them and calling it Halloween decorations. Come on! That's plenty of spirit.

Bah Humbug. Wrong holiday?!

**THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @**

**THERESAALBERT ON TWITTER AND FOUND DAILY AT MY-**

**FRIENDIN-FOOD.COM**



## Dinner. Mac & 'Squeeze'



Your kids will enjoy this Halloween-coloured twist on the traditional macaroni and cheese. You will appreciate that this high-fibre and protein-filled dish will help fill them up so they can enjoy trick-or-treating without overdoing it on the sweets when they get home.

Using squash for its deep orange colour and sweet flavour makes this dish looks just like traditional Mac and Cheese. Or try it with sweet potatoes for another nutritious option.

1. In a pot of boiling water cook macaroni for about 8 minutes or until tender but firm. Drain and return to pot. Add butter and stir to coat.

2. Meanwhile, in another pot of water, bring squash to a boil for about 15 minutes or until very tender. Drain and return

to pot. Add milk and garlic, if using, and using hand mixer blend until smooth.

3. Add pasta to squash mix. Add cheeses and stir to coat. **THE CANADIAN PRESS/ EATRIGHT ONTARIO/ DIETITIANS OF CANADA**

## Ingredients

- 375 ml (1 1/2 cups) whole-wheat macaroni
- 30 ml (2 tbsp) butter or margarine
- 500 ml (2 cups) cubed and peeled butternut squash
- 125 ml (1/2 cup) milk
- 1 small clove garlic, minced (optional)
- 125 ml (1/2 cup) shredded Swiss cheese
- 30 ml (2 tbsp) freshly grated Parmesan cheese

# Me want brains! Satisfy your zombies with Brain Pudding

This twist on classic rice pudding can be served as a nutritious breakfast or a dessert on Halloween day.

1. In a medium saucepan, bring water and cinnamon sticks to a boil over high heat; stir in quinoa. Reduce heat to low; cover and simmer for 12 minutes or until quinoa is

## Ingredients

- 500 ml (2 cups) water
- 2 sticks cinnamon
- 250 ml (1 cup) quinoa, rinsed well
- 15 ml (1 tbsp) cornstarch
- 15 ml (1 tbsp) sugar
- 5 ml (1 tsp) ground cinnamon
- 375 ml (1 1/2 cups) 2% milk
- 50 ml (1/4 cup) maple syrup
- 175 ml (3/4 cup) dried cranberries or raisins
- 250 ml (1 cup) 1 per cent vanilla yogurt
- Suggested Toppings: Cinnamon sugar, chopped walnuts, dried cranberries, granola, berries and/or diced apples



This recipe makes about five cups. THE CANADIAN PRESS

tender. Drain any excess liquid and remove cinnamon sticks; set aside.

2. In a small bowl, combine cornstarch, sugar and cinnamon. In same saucepan, whisk milk, maple syrup and cranberries; bring to a boil

over medium-high heat. Reduce heat to low; whisk in cornstarch mixture and cook, stirring, for about 1 minute or until slightly thickened.

3. Stir in quinoa and cook, stirring occasionally, for 5 minutes or until slightly thick-

ened. Refrigerate for 1 hour or until cool.

4. Stir in yogurt. (The pudding will thicken considerably as it cools; add yogurt to desired consistency.) Serve with suggested toppings. **THE CANADIAN PRESS/DAIRY FARMERS OF CANADA**



# The boy who cried bully

## Term overuse.

Attention to the issue may help real victims, but there's a risk that this label is used a little too freely

Bullies aren't just for middle schoolers. These days, they're everywhere.

In Texas last week, the football coach at Aledo High School was accused of bullying after his team won 91-0. With no mercy rule in place to stem lopsided vic-

tories, the coach even tried to minimize the blowout by benching his starters and letting the clock run uninterrupted after halftime.

A parent from the losing team accused the coach of "bullying" — an accusation that requires the school district to investigate under state law.

And while many found the accusation baseless, it's the kind of complaint that seems to have become more common thanks to national campaigns to draw attention to the real problem of bullying.

THE ASSOCIATED PRESS

## Bullies in politics?



In May, U.S. Sen. Harry Reid called Sen. Ted Cruz a "schoolyard bully." He pushes everybody around ... and instead of playing the game according to the rules, he not only takes the ball home with him but

changes the rules. That way, no one wins, except the bully."

But not everybody thinks that political clashes — even extreme ones — qualify as bullying.

"Politics is at times confrontational," said Dan Holler, spokesman for Heritage Action, a conservative policy advocacy organization. "When those confrontations happen, it's not a matter of bullying. It's a matter of trying to litigate policy."

## Bullies on the job?

Dr. Harold Pass chairs a committee that evaluates allegations of disruptive behaviour at Stony Brook University Medical Center in New York. He says "bullying" accurately describes workplace situations where someone is targeted by a fellow employee — whether it's a doctor trying to make

another one look bad or a nurse targeted by a superior. "Bullying means intentionality," Pass said.

## Bullies in sports?

In the Texas case, school district administrators found no grounds for the complaint, and many observers agreed.

"Of course it's not bullying. That's ridiculous! It's a game. It has people who lose. That's a fact of life," said Smith.

Which is not to say that bullying or other types of personal intimidation don't happen in sports. Rutgers basketball coach Mike Rice was fired for screaming at his players, calling them names and kicking and shoving them.

But under normal circumstances, learning to lose in sports can actually be good for kids, says Nadine Connell, who teaches criminology in the University of Texas at Dallas.

## Bullies in everyday life?

Ben Leichtling, founder of BulliesBeGone, says "bullying is not only about kids. It happens all the time, in every culture, with people at every age, in every situation, and always has."

When he coaches adults coping with bullies on the job or in bad marriages, he offers the same advice used to curb bullying in schools. "You have to say, 'This behaviour is not allowed,'" Leichtling said. "And you may have to get in the bully's face."



## Bullying elders?

No one denies that bullying among kids is a serious problem. Just look the many tragic cases of adolescents committing suicide after being tormented by peers in school or online.

But some kids have been called "bullies" over stupid pranks. Lawyer Monrae English represented three boys at a Fresno, Calif., high school suspended for bullying after they created a phoney Facebook page with the principal's name on it. "They put silly stuff on there — about how homework needs to be done and something about liking Twilight movies," she said. When the school took steps to expel the boys, their families hired attorneys. Eventually the school backed down.

## Digital demo. Parents are more likely to pony up for tech toys, survey finds



About 41 per cent of parents surveyed said they owned a tablet, versus the 30-per-cent response rate for everybody else. ISTOCK

A new study confirms kids do have it good nowadays, at least when it comes to having access to tech toys. Parents are more likely to purchase smartphones, tablets, video game consoles and subscribe to Netflix than the average consumer, suggests a report by the Media Technology Monitor.

Based on telephone surveys with more than 6,000 anglophone Canadians last fall and this spring, the report found households with children under 18 were more likely to be teeming with digital devices.

About 41 per cent of the parents surveyed said they owned a tablet, versus the 30-per-cent response rate for everyone else. And three quarters of the parents polled had a smartphone, compared to just over half of the other respondents.

Families were also 70 per cent more likely to be part of the so-called "four screen" trend, with 17 per cent of parents saying they owned a smartphone, tablet, computer and TV that were all connected to the Internet.

Just over a third of the par-

### Wired parents

- Three quarters of the parents surveyed said they use social networks — compared to 62 per cent for everyone else — and they were bigger users of Facebook, Twitter and LinkedIn.
- A similar number of parents said they multitasked with another Internet-connected device while watching TV, compared to almost two thirds of the others.
- Nearly nine in 10 parents said they watch online video, versus 73 per cent for non-parents.

ents said they subscribed to Netflix, compared to about one in four of the consumers polled without kids in their home.

The survey results are considered accurate within 1.2 percentage points 19 times out of 20. THE CANADIAN PRESS

## No more credit card debt?

Yes! You can finally get rid of your credit card debt! A **consumer proposal** helps you negotiate your debts into one manageable monthly payment that suits your needs, protects your assets and you may even **reduce your overall debt - including credit cards**.

Free, confidential and no obligation consultations:

Toll free: **310-8888** or visit **gt.alger.ca**



Karen Horvath & Freida Richer



**Grant Thornton**

Formerly Alger & Associates  
Trustee in Bankruptcy. © A Canadian Member  
of Grant Thornton International Ltd.





To figure out what you spend on health care annually, start by checking your past few tax returns. ISTOCK

# How much does health care cost you? Try 1,400 big ones

## Unplanned outlays.

Data shows health care is a significant expense and a major factor in increasing stress levels



**YOUR MONEY**  
Alison Griffiths  
money@metronews.ca

How much do you pay for health care every year? If you're an average Canadian it amounts to nearly \$1,400 over and above what provincial, workplace or personal health care plans cover.

Those on the East and the West Coasts spend much more, over \$1,700 annually.

And these figures are for one person. Out-of-pocket household medical expenses for a family of four can easily top \$5,000 annually.

These figures come from the 2013 Sun Life Canadian Health Index, which shows that not only is health care a significant expense, but it also is a major factor in increasing stress levels.

On top of regular medical expenses partially or not covered by a health-care plan, there is the financial impact of health emergencies from lost income to a myriad of additional costs.

The first line of defence is to pay attention. Knowing what you spend (just check the last few tax returns) is important.

The next step is to include that number in a household budget. There are lots of online budgets available. One I like is provided by the Financial Consumer Agency of Canada at [fcac-acfc.gc.ca](http://fcac-acfc.gc.ca). Go to Tools and Calculators for the downloadable budget.

Of course, one doesn't usually spend an exact

## Savings strategy

Survey where your savings dollars are going. If most of them end up in an RRSP and an RESP for the kids' education, you are courting trouble. The Health Index results indicate that 22 per cent of those who experienced a health emergency turned to credit to pay the costs.

amount on health care monthly. Still, budget for it and ensure the money is earmarked for medical expenses and available when it is needed.

One technique is to move unspent funds to a savings account every month. When money accumulates in an everyday spending account it's easy to, well, spend it.

Budgeting for a health emergency, like a car accident, is harder. However, it is important to set aside some funds, just in case.

Survey where your sav-

ings dollars are going. If most of them end up in an RRSP and an RESP for the kids' education, you are courting trouble. The Health Index results indicate that 22 per cent of those who experienced a health emergency turned to credit to pay the costs. Others (12 per cent) had to borrow from family or friends while nine per cent dipped into their RRSPs.

It's better to have a little less money in retirement or education savings than face a major medical event without cash to smooth the way.



RBC Royal Bank

## Smaller Debt. Bigger Smile.

Save over \$700\* by consolidating your higher interest debts.

RBC Royal Bank® has new online tools and resources to help you develop a concrete plan to lower debt and save money.

- Create your own customized **Debt Reduction Plan**
- Explore ways to simplify payments with our **Debt Consolidation Calculator**

Get started today at [rbc.com/smile](http://rbc.com/smile)

Advice you can bank on™



\*Based on \$12,200 fixed rate loan at 8% per annum with a 26 month amortization. Savings example is calculated by consolidating credit card balances of \$3200 @ 19% per annum with monthly payment of \$150/month, and \$1000 @ 25% per annum with monthly payment of \$100 and loan of \$8000 with 3 year term @ 9% per annum with monthly payment of \$265/month. The interest rate is subject to change at any time without notice. The rate is used for illustrative purposes. Personal Lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ©/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

# Game 5 gem only brightens Lester's post-season lustre

**World Series.** Red Sox lefty takes care of business on mound, Ortiz and Ross produce key hits to pull within one win of another title

Jon Lester pitched the Boston Red Sox within a whisker of yet another World Series championship.

Lester bested Adam Wainwright once again, journeyman David Ross hit a tiebreaking double in the seventh inning and the Red Sox downed the St. Louis Cardinals 3-1 Monday night to take a 3-2 World Series edge.

David Ortiz delivered his latest big hit, too, sending this bearded band of Red Sox back to Fenway Park with a chance to clinch their third crown in a decade. Not since 1918 has Boston won the title at its own ballpark.

John Lackey gets the first chance Wednesday night against St. Louis rookie sensation Michael Wacha. A Cardinals win would set up a most spooky proposition for both teams — Game 7 on Halloween night.

Lester enhanced his reputation as an October ace with

Game 5

3

Red Sox

1

Cardinals

every pitch. He allowed one run and four hits in 7 2/3 innings, striking out seven without a walk — nearly the same line he had in beating Wainwright in the opener.

The lefty who's won all three of his career World Series starts had just one scary inning, when Matt Holliday homered in the fourth, Carlos Beltran flied out to the wall and Yadier Molina hit a liner. Other than that, Lester was sharp as a knife.

Ortiz put the Red Sox ahead with an RBI double in the first, hitting the first pitch after Dustin Pedroia doubled on an 0-2 curve.

Ross, a greybeard on a team led by scraggly veterans, broke a 1-all tie when he hooked a drive just inside the left-field line, and the ball bounced into the seats for a go-ahead double. Jacoby Ellsbury later hit an RBI single.

Koji Uehara closed for his second save. **THE ASSOCIATED PRESS**



Red Sox starting pitcher Jon Lester makes a delivery to the plate during Game 5 of the World Series against the Cardinals on Monday in St. Louis. DAVID J. PHILLIP/THE ASSOCIATED PRESS



Penguins captain Sidney Crosby, left, and Tanner Glass celebrate Glass's goal on Monday night in Raleigh, N.C. THE ASSOCIATED PRESS

## Pens put losing skid in the past

Rookie Jayson Megna had his first career goal and assist, and the Pittsburgh Penguins snapped a three-game losing streak by beating the Carolina Hurricanes 3-1 on Monday night.

Chris Kunitz and Tanner Glass also scored for the Metropolitan Division-leading

Penguins. Brooks Orpik had three assists, Sidney Crosby added two and Marc-Andre Fleury stopped 20 shots.

Pittsburgh ended its longest losing streak since 2011-12 by defeating the Hurricanes for the fourth straight time.

Nathan Gerbe scored a

power-play goal for Carolina, which lost its third straight but remained tied with the New York Islanders for second in the division — five points behind the Penguins. Justin Peters made 26 saves in his second straight start in place of the injured Cam Ward. Ward is expected to

miss at least two more weeks after sustaining an unspecified lower-body injury during a loss at Minnesota last week. Including that game, the Hurricanes have lost all three games since he was hurt. Carolina has allowed at least three goals in four straight.

**THE ASSOCIATED PRESS**

NHL

### Stars get win for Ruff in Buffalo

Tyler Seguin capped a three-goal, first-period outburst, and the Dallas Stars hung on to deliver coach Lindy Ruff a 4-3 win in his homecoming against the Buffalo Sabres on Monday night.

Matt Moulson scored two goals in his Sabres debut, a day after being acquired in



Matt Moulson scored two goals in his Sabres debut. GETTY IMAGES

a trade that sent Thomas Vanek to the New York Islanders. **THE ASSOCIATED PRESS**

CFL

### New Argos LB embracing Canadian game

It's a new game with a new team in a new city, but it's just football for linebacker Aaron Maybin.

The former NFL first-round pick participated in his first workout with the Argonauts on Monday,

a day after joining the club's practice roster.

"It (Canadian field) is bigger than I'm used to but there's nothing intimidating about it, nothing too different," he said.

"Football is football. You've just got to adjust and understand it's a part of the game.... As I said, athletes adjust so it shouldn't be a problem."

**THE CANADIAN PRESS**

NFL

### Seahawks leave Rams on doorstep, improve to 7-1

Russell Wilson threw two touchdown passes to Golden Tate, and the Seattle Seahawks made a dramatic goal-line stand in the final minute to beat the St. Louis Rams 14-9 on Monday night. **THE ASSOCIATED PRESS**



# Bouncing back on the hardwood

Any number of issues are sure to arise as the NBA regular season unfolds beginning Tuesday night. Here are six things to look forward to and think about before the games begin:

TORSTAR NEWS SERVICE

Photos by Getty Images



## Derrick Rose returns

Two seasons ago with a healthy Rose, the Chicago Bulls had the best record in the NBA. The point guard played at such a high level in the pre-season it's entirely likely they get back to that lofty height. And if they do, can they win it all?

## Tank for Wiggins

The 2014 draft is loaded — some see it almost as good as the 2003 draft — and it'll be fun to watch teams try to lower themselves into the bottom of the standings with mid-season moves designed to worsen them. The leaders as the gates open are Philadelphia and Phoenix, two remarkably bad teams.



## When will Thunder roll?

The Oklahoma City Thunder will have to wait four to six weeks for Russell Westbrook to get healthy enough to play following knee surgery. Can Kevin Durant, Serge Ibaka and Kendrick Perkins hold down the fort long enough for Westbrook to get back up to speed?

## Who rules L.A.?

Remember all those years when the Lakers were competing for championships and the Clippers were a laughingstock? They're gone. Doc Rivers is leading the Clippers and Kobe Bryant's on the shelf right now for the Lakers and the balance of L.A. power has shifted.



## The bottom halves

The locks for playoff spots at the top of each conference seem logical, but the races for the sixth, seventh and eighth post-season slots could be delightful. You've got Atlanta, Detroit, Washington, Toronto and Milwaukee in the East and Memphis, Houston, Denver, New Orleans, Minnesota and the Lakers in the West.

## Too hot for Heat?

After two long runs to championships and the inevitable aging of an oldish roster, the question has to be asked: Will LeBron James and the Miami Heat have enough energy and enthusiasm to muster another tiring chase?



# TEAM BEAST



## SUPPORT YOUR TEAM

BEFORE & AFTER EACH SHOW!

TAILGATE PARTY  
2 HOURS BEFORE EACH SHOW!

THE BUCKLE  
NIGHTLY, NOVEMBER 6-9TH!

#CFR40 CFR.CA

TICKETS START AT

# \$20

# CFR40

NOVEMBER 6-10, 2013

NORTHLANDS  
EVENT

Alberta Government

Edmonton

TELUS

EDMONTON  
destination hotels

TELUS

TELUS

## Horoscopes

### Aries

March 21 - April 20

Appearances can be deceptive, so don't make a snap judgment about someone you meet today or you may have to make an embarrassing U-turn later. Focus on their good points.

### Taurus

April 21 - May 21

You may be tempted to do something you know won't meet general approval today. It may be funny to you but make sure you know the consequences. Not everyone shares your sense of humour.

### Gemini

May 22 - June 21

Relationships should take a turn for the better over the next few days. Not that they have been bad but there have been times when you wondered if your dearest ones still care. Of course they do.

### Cancer

June 22 - July 23

You can, if you wish, pretend that you don't care about someone but the planets will betray you. As a Cancerian you find it hard to keep your feelings under wraps but that's good. Be open and honest about who you are.

### Leo

July 24 - Aug. 23

Memories can be fun but they can also stop you from moving on and that would be a shame as the planets suggest you have so much to look forward to. It's time to stop living in the past.

### Virgo

Aug. 24 - Sept. 23

You may want to believe that you can handle a difficult situation on your own but you can't, so push your pride to one side and get some assistance.

### Libra

Sept. 24 - Oct. 23

Don't give up on an idea just because the so-called experts say you've got it wrong. More likely you are spot on in your assessment and it's they who don't know what they are talking about.

### Scorpio

Oct. 24 - Nov. 22

The planets are trying to tell you something but you are determined not to listen. You can be as stubborn as you like but the evidence is there and it cannot be ignored forever.

### Sagittarius

Nov. 23 - Dec. 21

Focus on having fun and don't fret if loved ones or colleagues keep telling you there are a thousand serious things you should be doing. Nothing in life is more important than feeling good about your existence.

### Capricorn

Dec. 22 - Jan. 20

Someone you trust will make a suggestion today and while it's a good one, you most likely won't want to hear it. Mercury, planet of the mind, warns you must listen, and act. If not, the consequences could be dire.

### Aquarius

Jan. 21 - Feb. 19

What you have to do today may not be much fun but you will do it anyway and you will make a good job of it. Treat it as fun and maybe, just maybe, that's what it will be.

### Pisces

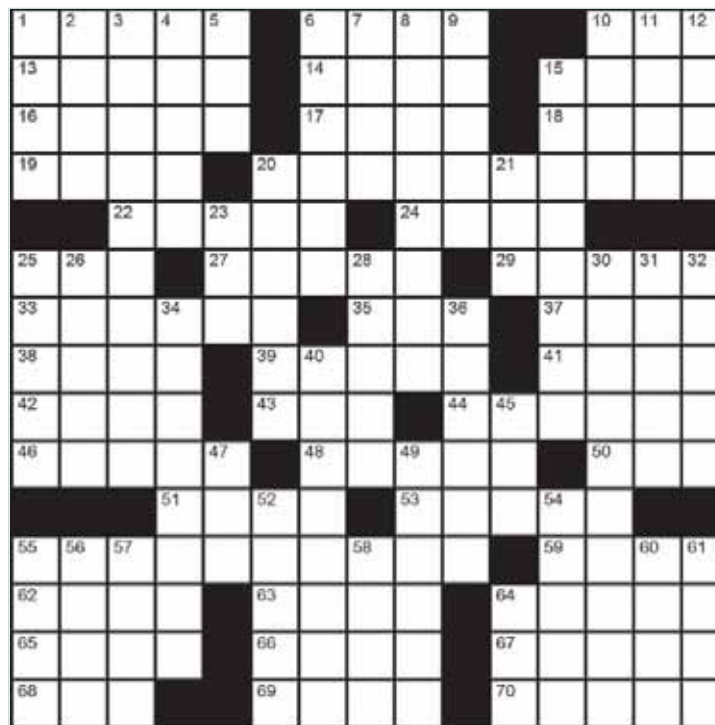
Feb. 20 - March 20

You need to get back in the good books of your employer but it won't be easy. You've got to be smart about it. Steer clear of flattery. They'll know you don't mean it. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Hoarse
6. "Stay (I Missed You)" singer Lisa
10. #55-Down's kitchen drawer pal
13. Type, then press this button
14. Crucifix inscription
15. Mr. Gyllenhaal
16. Ernie's muppet pal's namesakes
17. Churn
18. Re-work the written work
19. \_\_\_ of words
20. Starting with 'The' ...Margaret Atwood poetry collection; or, Joni Mitchell song: 2 wds.
22. Close-fitting
24. Eagerly excited
25. "Yuck."
27. Tomato \_\_\_
29. 1861 George Eliot novel, \_\_\_ Marner
33. Drink of the gods
35. Relieved-one's sound
37. Neither masc. nor fem.
38. "\_\_\_ pronounce you...": 2 wds.
39. "\_\_\_ outta heeere!" (Haunted house inhabitant's holler)
41. Station: French
42. Perfectly good
43. Compass reading
44. Square peg
46. Pine
48. Hat parts



50. Pre-AD years
51. "2001: A Space Odyssey" (1968) star Mr. Dullea
53. Canadian margarine brand
55. Robert De Niro movie: 2 wds.
59. Mouse-like critter
62. Farm structure

63. Baltic Sea feeder
64. \_\_\_ not the time (Later is better)
65. Layered hairstyle
66. Prefix to 'culture'
67. Clay pigeon shooting
68. "Gangnam Style" rapper
69. Prefix to 'morph-

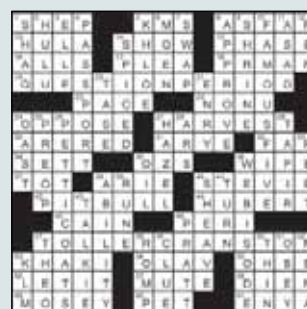
- osis'
  70. Popular plants
- Down**
1. Ms. McEntire
  2. Freshly
  3. Vancouver Island: \_\_\_ Provincial Park
  4. Laboratory dish
  5. Century components, curtly

6. Restricts
7. \_\_\_ about (Circa): 2 wds.
8. Former MuchMusic VJ who is an award-winning songwriter and online publisher: 2 wds.<sup>9</sup>
9. \_\_\_ (Microsoft founder, fun-style)

10. "Voila!"
11. \_\_\_ milk
12. Mr. Rose of baseball
15. Jeans-looking pants
20. Billing
21. Greek dawn goddess
23. Student's 4.0, e.g.
25. Merge
26. Christina Aguilera's "\_\_\_ in a Bottle"
28. Spud
30. Fall yard tool: 2 wds.
31. Relating to gold
32. Lets it stand (Proofreading term)
34. 'Dance' in 2013 headlines
36. Someone shortening pants
40. Canadian energy company
45. Q. "\_\_\_ the follower of B?" A. "Indeed."
47. Mr. Beatty
49. Spanish airline
52. "The Bare Necessities" part: "...wander, wherever \_\_\_"
54. Call forth
55. Recipe measurement [abbr.]
56. Oohs and \_\_\_
57. Hospital photo
58. Green: French
60. Lender's protection
61. Ballpark figs.
64. Bouncy check acronym

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).  
BY KELLY ANN BUCHANAN

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



## Weather

TODAY

WEDNESDAY

THURSDAY



MAX: 8°  
MIN: -7°



MAX: 9°  
MIN: 1°



MAX: 4°  
MIN: 1°



**MICHELE MCDUGALL**  
WEATHER SPECIALIST

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." **WEEKDAYS 5:30 AM**



# NEXT STOP, COLLEGE.

Academy of Learning Career College prepares students in a career in Healthcare, Business and Technology.



**Academy OF LEARNING**  
CAREER COLLEGE

[www.academyoflearning.ab.ca](http://www.academyoflearning.ab.ca)

## BE JOB READY IN 6 TO 12 MONTHS

EDMONTON DOWNTOWN (780) 424-1144  
EDMONTON SOUTH (780) 433-7284  
WEST EDMONTON MALL (780) 496-9428

Financial Assistance available to qualified applicants.



# INVITATION TO SUPER SAVINGS

EDMONTON CAR LOANS APPLY @ AUTOLOANEDMONTON.CA  
BAD CREDIT? NO CREDIT? NO PROBLEM AT REVOLUTION AUTO GROUP!!!



2013 KIZASHI S iAWD

**NOW \$24,665**

**WAS ~~\$30,765~~**

**CASH DISCOUNT \$6,100**

**#1 SUZUKI DEALERSHIP IN CANADA FOR THE LAST 4 YEARS!**  
**MILLWOODSSUZUKI.COM REVOLUTIONAUTOANDTRUCK.COM**



**CALL ERICK TODAY**  
**780-450-4500**  
FOR YOUR GUARANTEED APPROVAL



2013 SX4 SEDAN  
AUTOMATIC STANDARD  
INTELLIGENT  
ALL-WHEEL DRIVE

**NOW \$16,705**

**WAS ~~\$21,705~~**

**CASH DISCOUNT \$5,000**

## FEATURING:

- 4 DOOR SEDAN
- AIR CONDITIONING
- TILT STEERING
- POWER WINDOWS & LOCKS
- KEYLESS ENTRY
- AUTOMATIC TRANSMISSION



**Apply @ www.AutoLoanEdmonton.ca**

TEST DRIVE ONE TODAY AT MILLWOODS SUZUKI



**SHOP 24/7 @ MILLWOODS SUZUKI.COM**  
**ON THE AUTO ROW | 3403-93 STREET**  
**780-450-4500**  
**TOLL FREE 1-866-897-4500**

Bring in your driver's License, pay stub and phone bill to take delivery of your vehicle



Greg Harrison - Sales Manager

Consumers should read the following: \*All offers & selling prices include Delivery & Destination (\$1650 Kizashi & \$1450 SX4), Dealer Admin Fee (\$399), \$100 A/C Excise Tax, \$20 Tire Tax. Offers exclude PPSSA up to \$72, applicable taxes, license, registration, insurance & down payment \$0. Vehicles may not be exactly as illustrated. Offers cannot be combined with any other offers and are subject to change without notice. Dealers may sell for less. Offers available on select models. Offers valid until October 31, 2013.



# Fall Sales Event. Ends October 31<sup>st</sup>

## Save up to \$10,000.00 on all 2013 C, B & E Class models.



### THE ALL-NEW 2013 B 250. TOTAL PRICE<sup>1</sup>: \$32,540\*\*

| FINANCE APR  | LEASE APR    |
|--------------|--------------|
| <b>0.9%*</b> | <b>2.9%*</b> |
| 60 MONTHS    | 48 MONTHS    |

<sup>1</sup>Taxes extra.

### THE 2013 C 300 4MATIC™ NO CHARGE PREMIUM AND SPORT PACKAGES. TOTAL PRICE<sup>1</sup>: \$46,180\*\*

- 248 hp 3.5L V6 Engine
- AMG Styling Package
- Savings of \$4,000<sup>2</sup>

| FINANCE APR  | LEASE APR    |
|--------------|--------------|
| <b>0.9%*</b> | <b>1.9%*</b> |
| 60 MONTHS    | 48 MONTHS    |

<sup>1</sup>Taxes extra.

### THE 2013 E 300 4MATIC™. TOTAL PRICE<sup>1</sup>: \$60,940\*\*

| FINANCE APR  | LEASE APR    |
|--------------|--------------|
| <b>0.9%*</b> | <b>2.9%*</b> |
| 60 MONTHS    | 36 MONTHS    |

<sup>1</sup>Taxes extra.



Mercedes-Benz

A Daimler Brand

**The David Morris Difference:**  
Low Mileage Models. Great Selection.

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.com

Mercedes-Benz STAR DEALER



Savings of up to \$7,500.00 applies to all 2013 C, B, and E Class models in stock, while supply lasts. © 2013 Mercedes-Benz Canada Inc. 2013 B 250/2013 C 300 Sedan with Premium & Sport packages/2013 E 300 4MATIC™ shown above, National MSRP \$29,900/\$43,540 (base \$39,990, plus optional Premium Package valued at \$2,350 and optional Sport Package valued at \$1,200)/\$66,300. \*\*Total price of \$32,540/\$46,180/\$60,940 and down payment include freight/PDI of \$1,995, dealer admin fee of \$495, air-conditioning levy of \$100, EHF tires, filters, batteries of \$16, PPSSA up to \$27.80 and AMVIC fee of \$6.25. \*Lease offers based on the 2013 B 250/ 2013 C 300 4MATIC™ No Charge Premium (\$2,350) and Sport (\$1,200) Packages/2013 E 300 4MATIC™ Sedan available only through Mercedes-Benz Financial Services on approved credit for a limited time. Lease example based on \$298/\$328/\$568 per month for 48/48/36 months. Down payment of \$5,190/\$8,040/\$9,040 plus security deposit of \$300/\$400/\$600 and applicable taxes due at lease inception. MSRP starting at \$29,900/\$43,540/\$58,300. \*Total discount of \$4,000 on the C 300 4MATIC™ Sedan, thereof \$1,200 applied to Sport Package, \$2,350 applied to Premium Package, with balance of \$450 applied to down payment. Lease APR of 2.9%/1.9%/2.9% applies. Total obligation is \$19,745/\$24,156/\$30,059. 18,000 km/year allowance (\$0.20/km/\$0.20/km/\$0.30km for excess kilometres applies). Finance example is based on a 60-month term with a finance APR of 0.9% and an MSRP of \$29,900/\$43,540/\$58,300. Monthly payment is \$459/\$606/\$818 (excluding taxes) with \$5,630/\$6,639/\$8,470 down payment. Cost of borrowing is \$620/\$819/\$1,105 for a total obligation of \$33,132/\$42,971/\$57,518. Vehicle licence, insurance, and registration are extra. Dealer may lease or finance for less. Offers may change without notice and cannot be combined with any other offers. See your authorized Mercedes-Benz dealer for details or call the Mercedes-Benz Customer Relations Centre at 1-800-387-0100. Offer ends October 31, 2013.